

Video Diary

Leicester Psycho-Oncology Service
Information for Patients



Help for emotional problems associated with cancer



University of
Leicester

Leicestershire Partnership **NHS**
NHS Trust

About the video diary

Starting in 2012, we now offer the opportunity to hear from other people who have had a recent cancer diagnosis. These video diaries reveal how ordinary people coped with their difficult diagnosis and give many insights into the experience of living with cancer.

Each video is a 30-60 minute personal account of the good and bad of coping with cancer. We hope that a wide range of diagnoses and range of people are represented. All patients have given their permission to share their stories with new cancer patients and their families. We hope that listening to these stories will prove beneficial, providing an insight on coping and sharing positive experiences so that you will know you are not alone in this cancer journey.

Videos are provided free of charge, and can be taken away to watch at home, but we can also provide space to watch the video in the Cancer Information Centre, LRI.

About our service

Our service is run by experienced mental health professionals, including:

| | |
|-----------------|---------------------------------|
| Alex Mitchell | Consultant psychiatrist |
| Chris Coggan | Senior nurse specialist |
| Sue Todd | Dual qualified nurse specialist |
| Julia Middleton | Associate Specialist |

We also have close links with medical psychology. Occasionally medical and nurse students and researchers work with us.

Do you want to make a video diary?

If you have a story to tell about how you are coping at this difficult time, or how your friends and family are doing, or have feedback for future patients or if you just want to get something off your chest, anyone can make a video diary. We offer video facilities at LRI (LE15WW) and Towers hospital (LE50TD) 5 days a week. Please contact us below.

Everyone who has made a video diary of their experiences has found the process rewarding and it is possible to make a diary just for yourself and your family if you wish.

Coming to see us

Hannah Plowright
Psycho-oncology Secretary
Towers Hospital
0116 246 3470

Cancer Information Centre
Osborne Building
Leicester Royal Infirmary
Leicester
LE1 5WW
0116 2586189

Contact details:

Leicester Psycho-oncology Service

Administrative Base

Psycho-oncology,
Daisy Peake Building
Towers Hospital
LE5 0TD
Tel 0116 246 3470
Fax 0116 225 6673

Outpatient Clinic

Leicester Royal Infirmary
Osborne Building
Infirmary Square
LE1 5WW
Tel 0116 2256218 (secretary)
Tel 0116 254 1414
(switchboard)

If you would like this information in another language or format, please contact the service equality manager on 0116 258 8295

আপনি যদি এই লিফলেটের অনুবাদ - লিখিত বা অডিও টেপ'এ চান, তাহলে অনুগ্রহ করে সার্ভিস ইকুয়ালিটি ম্যানেজার ডেভ বেকার'এর সাথে 0116 258 8295 নাম্বারে যোগাযোগ করুন।

यदि आप को इस लीफ़्लिट का लिखती या टेप पर अनुवाद चाहिए तो कृपया डैव बेकर, सर्विस ईक्वालिटी मैनेजर से 0116 258 8295 पर सम्पर्क कीजिए।

જો તમને આ પત્રિકાનું લેખન અથવા ટેપ પર ભાષાંતર જરૂરનું હોય તો મહેરબાની કરી ડેવ બેકર, સર્વિસ ઇક્વાલિટી મેનેજરનો 0116 258 8295 ઉપર સંપર્ક કરો.

Haddaad rabto warqadan oo turjuman oo ku duuban cajalad ama qoraal ah fadlan la xiriir, Maamulaha Adeegga Sinaanta 0116 258 8295.

ਜੇਕਰ ਤੁਹਾਨੂੰ ਇਸ ਲੀਫ਼ਲਿਟ ਦਾ ਲਿਖਤੀ ਜਾਂ ਟੇਪ ਕੀਤਾ ਅਨੁਵਾਦ ਚਾਹੀਦਾ ਹੋਵੇ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਡੈਵ ਬੇਕਰ, ਸਰਵਿਸ ਇਕੁਅਲਿਟੀ ਮੈਨੇਜਰ ਨਾਲ 0116, 258 8295 ਤੇ ਸੰਪਰਕ ਕਰੋ।

E er bu bro ürün (kitapçı in) yazılı veya kasetli açıklamasını isterseniz lütfen servis müdürüne 0116 258 8295 telefonundan ulaabilirsiniz.